# Screenshot Guide: How to Submit an Abstract



hancing the Impact of Behavioral and Cognitive Therapies

BETTER ACCESS, BETTER OUTCOMES

54th Annual Convention --- November 19–22, 2020 | Philadelphia, PA

# Home Page for Submission Center

Log in to the Abstract ScoreCard		
<b>New Users</b> Click 'Join Now' to begin your first submission.	Already a User? Email Address *	
	Show Lost your access key?	
Join Now	Login	

• **TIP**: If you need to exit your submission and return to complete it at a later time, remember to click <u>Save</u>.



### Start a New Submission & Task List

Home / New Submission		
START A NEW SUBMISSION	Submit	
Enter your submission title below and click "Continue".		
Submission Title *		
	0 characters (175 max) 0 words (75 max)	
Submission Type *  Select Submission Type  \$ Submission Type Descriptions		
	TASK LIST	PREVIEW & SUBMIT
• TIP:	Complete the tasks listed below. A <b>green check mark</b> indicates completion.	
<ul> <li>Each submission type has</li> </ul>	Once all tasks are complete, click PREVIEW & SUBMIT to finalize your submission.	
different field requirements,	Edit Enter your study title here Submission ID: 848494 Submission Type: Symposia	
so once you choose a type,	Submission Status: Active	
	New submission was successfully added.	
you cannot modify it.	Click here to add authors to this submission.	
<ul> <li>You must create a new submission to choose a</li> </ul>	2. Overall Abstract and Details Click here to provide an abstract and related details.	

submission to choose a different submission type.

### Task List: Presenters/Authors

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#### To add an author:

- Type the author's first name, last name, and email address (the email address must be the author's individual email address).
- Select the author's role.
- Click 'Add Author.'

### To complete an author's profile:

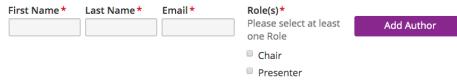
- Click on the author's name to complete the profile.
- A green check mark indicates a complete profile.
- Once the profile is complete, click 'Save Authors' to complete the task.

### To invite authors to complete their profile:

After adding the author, locate the button below their record/name that says Invite. This will generate an email to the author at the email you provided when adding them. They will simply follow the instructions in the email to be able to login and complete their profile and other applicable tasks. The abstract submitter may also edit the author's profile on their behalf.

Login details sent Wednesday, February 12, 2020, 11:53 AM inviting Program to complete the task(s) for this submission.

#### Add New Author



### Author List

You must add at least 3 authors and no more than 8. You must add at least 1 chair and no more than 2 chairs. You must have 1 discussant for this submission. You must add at least 1 presenter and no more than 5 presenters.

#### Profile incomplete Role(s): Presenter

Login details sent Wednesday, February 12, 2020, 11:53 AM inviting Program to complete the task(s) for this submission.

Edit Program Chair's Profile Invite Program Chair Remove Program Chair

### Symposia Tip:

The presenter(s)/authors(s) that you add within this task will be carried over to the individual abstract task (see below).

Please only enter Authors here that will

serve as a Chair, Discussant, and/or

Presenter and will actually be attending

the conference and actively presenting.

Co-authors for the individual abstracts who

are not presenting should be entered through the "Individual Abstracts" section.

### Information Required for Authors

Title

Keywords (at least one, up to 3)

Author Information

First & Last Name

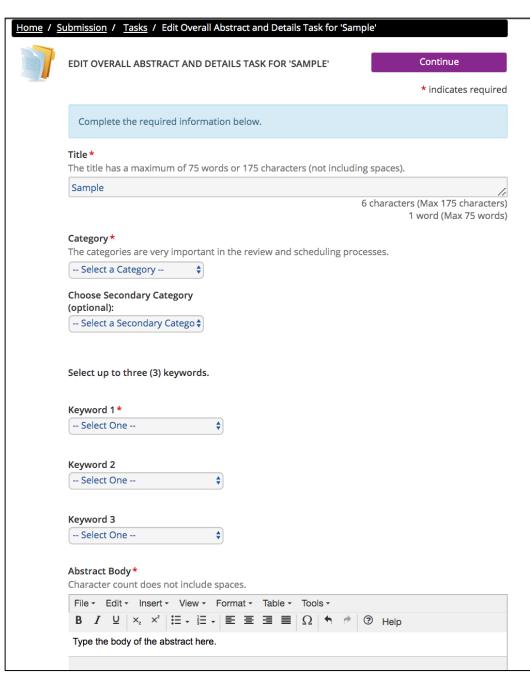
Email

Affiliation Credentials/degrees Role

(e.g., Moderator, Presenter)

**Membership Status** 

## Task List: Overall Abstract



### Tips:

The title should be entered in mixed case, NOT all capital letters

If you copy and paste the title and/or body from your word processor, special characters should transfer, but formatting (e.g., underlining or bolding) will not transfer. You can insert special characters and/or formatting tags using the character palette. To access the palette, click on the 'Special Characters' button located on the Title/Body page.

## Abstract Body CHARACTER LIMITS:

- Symposia: 2800 characters for summary abstract; 2200 for individual presentation abstracts
- Research Spotlight Presentations, Panel Discussions, and Clinical Round Tables: 1950 characters
- Poster Sessions: 2800
   characters

## Task List: Learning Objectives

Call for Submissions   Home   Log Out Conference Details   Technical Support		
Home / Su	ubmission / <u>Tasks</u> / Edit Learning Objectives Task for 'Enter your study title here'	
•	EDIT LEARNING OBJECTIVES TASK FOR 'ENTER YOUR STUDY T	Continue
		* indicates required
	Write three statements of no more than 125 characters each, describing the goals of the even "Describe two dissemination strategies pertaining to the treatment of insomnia;" "Explain one dissemination and mindfulness-based clinical interventions literature."	and the second
	For further instructions on how to create your learning objectives, please click here.	
	1 Answer the following questions for Learning Objective 1	
	Learning Objective 1* Provide a statement of no more than 125 characters, describing a realistic, specific, and Quantifiable goal something that attendees will be able to do immediately at the end of the event based on what was learn something vague that they may be able to do in the future).	
	Describe how to submit an abstract	
		29 characters (Max 125 characters) 6 words (Max 50 words)
	2 Answer the following questions for Learning Objective 2	
<b>Y f</b> 35	5 days until the submission deadline! © 2020 CadmiumCD   Tel (410) 638-9239   Help@ConferenceA	bstracts.com   My Data   Site Map

### Tips:

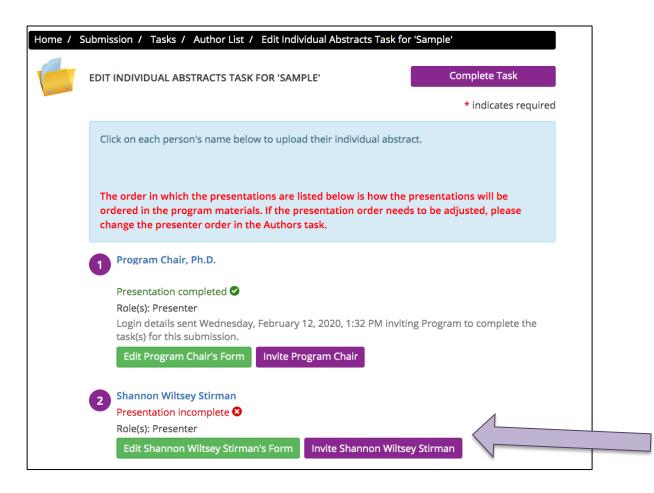
- 3 Learning Objectives are required (you may submit up to 5 total)
- Should be written in present tense
- Please write from the perspective of the <u>audience</u>:
- This session is designed to help

you learn...

## Symposia: Individual Abstracts

Home / S	Submission / Tasks / Author List / Edit Individual Abstracts Task for 'Sample'         EDIT INDIVIDUAL ABSTRACTS TASK FOR 'SAMPLE'       Complete Task         * indicates required         Click on each person's name below to upload their individual abstract.         The order in which the presentations are listed below is how the presentations will be ordered in the program materials. If the presentation order needs to be adjusted, please change the presenter order in the Authors task.	<ul> <li>Information Required:</li> <li>Title</li> <li>Keywords (at least one, up to 3)</li> <li>Abstract: 2200 characters</li> </ul>
	<ul> <li>Program Chair Presentation completed Role(s): Presenter Login details sent Wednesday, February 12, 2020, 11:53 AM inviting Program to complete the task(s) for this submission.</li> <li>Edit Program Chair's Form</li> <li>Shannon W. Stirman, Ph.D. Presentation incomplete Role(s): Chair, Presenter</li> <li>Edit Shannon Stirman's Form</li> </ul>	List of co-authors     First & Last Name     Credentials     Email     Title     Organization/Affiliation
Home / Su	Ibmission / Tasks / Author List / Edit Individual Abstracts Task for 'Sample'	* indicates required Complete the required information below.
	CO-AUTHORS Add the co-authors associated with this presentation in the order they should appear in the program book. Click 'Save Co-Author List' to skip adding co-authors.  PREVIEW Presentation: Sample Presentation Co-Author(s): No Co-Authors entered.	Presentation * The title should be entered in mixed case. PLEASE DO NOT enter the title in all capital letters. Do not use formatting tags in the title (with the possible exception of the lowercase tag). Please do not repeat the title or the authors in the body of the abstract text box. Your title should be no more than 175 characters in length.  O characters (Max 175 characters) 0 words
	· · · · · · · · · · · · · · · · · · ·	Select up to three (3) keywords. Keyword 1* Select One + 2: When complete, you will be prompted to n co-authors for your individual abstract

## Symposia: How to Request Information from Collaborating Presenters



Clicking on "Invite Shannon Wiltsey Stirman" (or the name of the other collaborators) will send them an email prompt to sign in and complete their sections of the submission.

## Symposia: Email that Individual Presenters Will Receive Requesting Info

	ABCT 53rd Annual Convention - Action Needed $\Sigma$ Inbox x	
	abstractsubmission@abct.org ≩ to me ◄	10:32 AM (0 minutes
		ABCT 2020 Enhancing the Impact of Behavioral and Cognitive Therapies BETTER ACCESS, BETTER OUTCOMES 54th Annual Convention November 19–22, 2020   Philadelphia, PA Call for Submissions Submission Information Requested
BETTER ACCESS, BETTER OUTCOMES	of Behavioral and Cognitive Therapies November 19–22, 2020   Philadelphia, PA Conference Details   Technical Support ple' Continue	Submitter Name: Submitter Email:
Complete the required information below.  Presentation *  The title should be entered in mixed case. PLEASE DO NOT enter the title in a (with the possible exception of the lowercase tag). Please do not repeat the title Your title should be no more than 175 characters in length.		Task List:       Complete the "Individual Abstracts" form.         Complete the "Authors" form.       Complete the "Financial Disclosure Form" form.         Due by:       Monday, March 16, 2020 at 3:00 AM EST
Select up to three (3) keywords. Keyword 1 * Select One \$ Keyword 2 Select One \$		Click here to log in to the Call for Submissions system at any time to complete this task.
Keyword 3 Select One 💠		

# What does this mean?

- As the initial presenter submitting this form, you do not need to have all of the information for your co- presenters!
- It would make most sense for the CHAIR of a symposium to enter in all of the general information and the presenter information. Then, that person can prompt co-presenters to log into the system and complete their sections.
- This removes burden from the chair for having all of the necessary and personal information from colleagues and allows each presenter to sign their disclosure forms in a private manner.

# Task List: SIG Sponsorship

Enhancing the Impact of Behavioral and Cognitive Therapies

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Call for Submissions | Home | Log Out

Home / Submission / Tasks / Edit SIG Sponsorship Task for 'Sample'

EDIT SIG SPONSORSHIP TASK FOR 'SAMPLE'

Continue

Conference Details Technical Support

\* indicates required

Complete the questions below. Or, Click 'Continue' to skip and complete the task.

### **SIG Sponsorship**

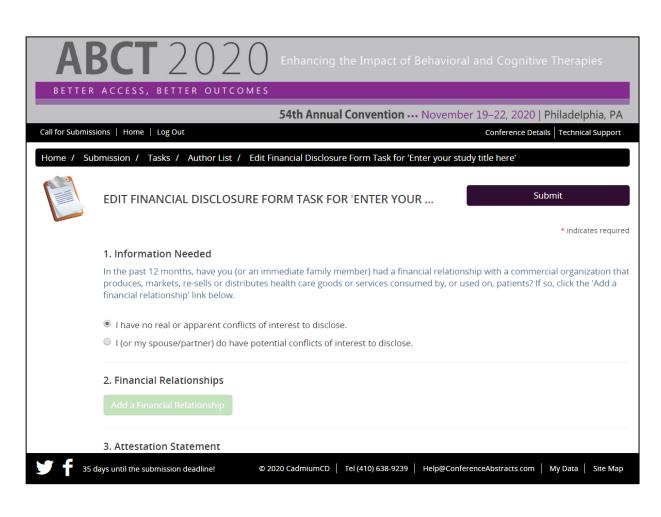
Check this box if this submission has been officially designated as "Sponsored" by an ABCT Special Interest Group (SIG). This designation should be decided on in collaboration with the SIG. Please note that SIG sponsorship is NOT a guarantee that a submission will be accepted.

If your submission is officially sponsored, please indicate the relevant SIG(s):

- Addictive Behaviors SIG
- Aging Behavior & Cognitive Therapy SIG
- Anxiety Disorders SIG
- Asian American Issues in Behavior Therapy and Research SIG
- Attention-Deficit/Hyperactivity Disorder (ADHD) SIG
- Autism Spectrum and Developmental Disorders SIG
- Behavior Analysis SIG
- Behavioral Medicine and Integrated Primary Care SIG

If a Special Interest Group has agreed to officially sponsor this submission, please complete this section.

### Task List: Financial Disclosure Form



Each presenter will need to login and complete his or her financial disclosure form.

When the primary/initial presenter completes the submission they will be able to send the previously shown email prompt to other presenters through Cadmium so they can log in and complete this step. Keywords vs. Categories

- Categories help speakers. These match up to reviewer areas of expertise and convention theme and help to 1) assign appropriate reviewers and 2) minimize competition among similar presentations during timeslots in the convention schedule.
- Keywords help audiences. Think of keywords as #HASHTAGS. Keywords let audiences find things that fit their interests within the convention application. Multiple keywords can be used to "tag" a presentation for audience interest (such as #child #anxiety #assessment)

# List of Categories

Addictive Behaviors ADHD - Adult ADHD - Child Adult Anxiety Adult Depression Aging and Older Adults Anger Assessment Autism Spectrum and Developmental Disorders **Behavior Analysis Bipolar Disorders** Child / Adolescent - Anxiety Child / Adolescent - Depression Child / Adolescent - Externalizing Child / Adolescent - School-Related Issues Child / Adolescent - Trauma / Maltreatment Cognitive Science/ Cognitive Processes Comorbidity Couples / Close Relationships Criminal Justice / Forensics Culture / Ethnicity / Race **Dissemination & Implementation Science Eating Disorders Global Mental Health** Improved Use of Research Evidence

LGBQT+ Health Care System / Public Policy Health Psychology / Behavioral Medicine -Adult Health Psychology / Behavioral Medicine -Child Men's Health Military and Veterans Psychology Neuroscience Obsessive Compulsive and Related Disorders **Oppression and Resilience Minority Health** Parenting / Families **Personality Disorders Positive Psychology** Prevention Primary Care / Integrated Care Professional/ Interprofessional Issues Program / Treatment Design **Research Methods and Statistics** Schizophrenia / Psychotic Disorders Sexual Functioning Sleep / Wake Disorders Student Issues

# List of Categories

Spirituality and Religion Sports Psychology Suicide and Self-Injury System Stakeholder Issues Technology Tic and Impulse Control Disorders Transdiagnostic Translational Trauma and Stressor Related Disorders and Disasters Treatment - CBT **Treatment - Interpersonal Therapies Treatment - Mindfulness & Acceptance Treatment - Other** Violence / Aggression **Vulnerable Populations** Weight Management Women's Issues Workforce Development / Training / Supervision

## List of Keywords

Abuse / Maltreatment Acceptance ACT (Acceptance & Commitment Therapy) Adherence Addictive Behaviors ADHD **Adolescents** Adult African Americans / Black Americans Aggression / Disruptive **Behavior / Conduct Problems** Aging Alcohol Anger / Irritability Anorexia Anxiety Asian Americans Assessment Attention Autism Spectrum Disorders **Behavior Analysis Behavioral Activation Behavior Experiments Behavioral Economics** 

**Behavioral Medicine Bipolar Disorders** Body Dysmorphic Disorder **Body Image Borderline Personality** Disorder Bulimia **Career Development** Case Conceptualization / Formulation CBT Change Process / **Mechanisms** Child **Clinical Decision Making Clinical Trial** Clinical Utility **Cognitive Biases / Distortions Cognitive Processes Cognitive Restructuring** Cognitive Therapy **Cognitive Schemas / Beliefs** Cognitive Vulnerability **College Students** 

Common Elements **Common Factors** Community-Based Community-Identified Problems Comorbidity Compassion / Empathy Competence Coping Couples / Close Relationships **Criminal Justice** Culture **DBT** (Dialectical Behavior Therapy) Depression **Developmental Disabilities** Diagnosis Divorce Disgust Dissemination **Distress** Tolerance DSM-5 Dysthymia

## List of Keywords

Early Intervention Eating Education and Training Emotion **Emotion Regulation** Envy / Jealousy ERP (Exposure and **Response Prevention**) Ethics Ethnicity Etiology **Evidence-Based Practice** Exercise Experiential Avoidance Exposure Externalizing Families **FAP** (Functional Analytic Psychotherapy) Fear Feeding Problems **fMRI** Forensic Psychology Generalized Anxiety Disorder Gender

**Global Mental Health** Grief / Bereavement Group Therapy Habit Reversal Habituation Health Anxiety Health Care System Health Psychology Hispanic American/Latinx **HIV / AIDS** Hoarding Implementation Industry Information Processing Instructional models **Integrated Care** Integrity **Intimate Partner Aggression** LGBTQ+ Legal Issues Longitudinal Measurement Mediation / Mediators Medication

Men's Health Mental Health Literacy **Methods** Military Mindfulness Mood Motivation Motivational Interviewing Native Americans Neurocognitive Therapies Neuroscience Obesity OCD Older Adults Oppression Pain Panic Parent Training Parenting PCIT Perinatal Personality Disorders Phobias

## List of Keywords

Prevention **Primary Care Professional Development** Professional Issues **Prolonged Exposure** Psychoeducation **Psychometrics** Psychophysiology **Psychosis / Psychotic** Disorders **Psychotherapy Outcome Psychotherapy Process PTSD** (Posttraumatic Stress Disorder) Public Health **Public Policy** Publishing Race Randomized Controlled Trial **REBT** (Rational Emotive Behavior Therapy) Recovery Relapse **Research Funding Research Methods** Resilience

**Risk / Vulnerability Factors Risky Behaviors** Rumination Schizophrenia School Scientist-Practitioner Self-Help Self-Injury Service Delivery Severe Mental Illness Sexuality Side Effects / Unintended Consequences Sleep Smoking Social Anxiety Social Relationships Social Skills Training Spirituality and Religion Stakeholder Relevant **Statistics** Stigma Stress Student Issues Substance Abuse

Suicide Supervision Technology / Mobile Health Therapeutic Alliance Therapeutic Relationship **Therapy Process Tic Disorders Tourette Syndrome** Training / Training Directors Transdiagnostic **Translational Research** Trauma Treatment Treatment/ Program Design **Treatment Development** Trichotillomania **Underserved Populations** Unified Treatment Veterans Violence / Sexual Assault Vulnerable Populations Women's Health Women's Issues Worry