

Tips for High Quality Workshop Submissions

- Find partners at your institution and/or across institutions and a variety of clinical settings (e.g., geographical sites, community versus tertiary settings). Consider collaborators outside of PHM to represent different perspectives and strengthen the attendee experience.
- Utilize “SMART” principles (Specific, Measurable, Attainable, Relevant, Timed) to narrow the focus of your topic and idea. Opt for quality over quantity of presentations, activities, and presenters.
- Develop clear and actionable objectives; refer to [Bloom’s taxonomy](#) to create measurable objectives with the goal of higher critical thinking.
- List your planned activities anchored to a timeline so the reviewers can evaluate your plan for time management.
- Include interactive elements to intentionally encourage participant engagement and explain how these teaching strategies fit your content and objectives. Conference attendees typically enjoy meeting others!
- Be specific about the intended audience of your workshop and what attendees will achieve upon its completion. Consider the addition of tangible takeaways (e.g., toolkits, worksheets, action items, pledges) for each attendee to enact principles covered during the workshop.
- Please use inclusive communication principles in your submission to respectfully refer to individuals with chronic conditions and disabilities. This language refers to the person(s) first (e.g., “children with obesity” instead of “obese children”) and serves to eliminate bias, labels, stigma, and discrimination. Refer to additional guidance [here](#).
- Have fun and enjoy the creative process! Your passion for the topic will show through your words.