

## 10. Healing Bodies: Medicine, Well-being, Sport

The goal of ICAS 13 is to facilitate global transdisciplinary conversations and to link such conversations with local realities. The broader scope and description of this theme can be found under the 'thematic cluster' header which provides ideas and examples of proposal topics that can be submitted under this theme. If you think your proposal fits in multiple themes, please choose the one that you believe suits best.

ICAS 13 would like to introduce the local realities in these transdisciplinary conversations, the explanation of the theme starts off with a note on 'local context' intended to highlight connections between heterogeneous Asian Studies research and the particular perspective from Surabaya, Indonesia.

This theme welcomes proposals with a broader disciplinary and geographical perspective as well as proposals that connect these perspectives to the Indonesian context.

## The local context

In 2021, Universitas Airlangga (UNAIR) developed one of the first vaccines against COVID-19 originating from the Global South. Indonesia witnessed a re-evaluation of a number of homegrown medicinal plants, and their testing, for their potential in helping to fight the virus. This reaffirmation of Indonesia's local herbal medicine tradition (jamu) was coupled with a stronger focus upon lifestyle-based health, such as cycling, calisthenics and everyday sports. Beyond the context of COVID-19, there is a renewed dialogue on knowledge on medicine, bodily well-being, sport, and public health, linking together different scientific approaches, and cultural, philosophical and spiritual traditions. UNAIR's Faculties of Medicine and Public Health are amongst the best in the country, working at the forefront of a number of systemic health concerns. Even though progress has been achieved in lowering infant and child mortality and increasing life expectancy, Indonesia still has significant difficulties with nutrition concerns and stunting among children. In addition, there are still continuing high incidences of tuberculosis, malaria and other tropical diseases, that continue to affect vulnerable populations not only in Indonesia but also many countries in Asia, Africa and Latin-America with a comparable health landscape.

## This thematic cluster

This cluster focuses upon matters of infections, diseases, nutrition, hygiene, sanitation, confinement, cultures of care, reproduction, healing, birth, death, euthanasia, pain, trauma emotions as well as notions of the mind and body not only within diverse systems of health but also in public health governance, both at the local as well as national and global levels. Contributions addressing how the state and communities negotiate preventive and in- and out-patient healthcare through digital platforms of bio-surveillance, for instance, or through participatory platforms involving non-governmental organisations and village-based public health centres and practitioners, are welcome. We are also inviting contributions on professional sport in the global neo-liberal context, including women and the sports industry and the history/sociology of popular sports among populations in Asia such as football, badminton, hockey and cricket. The relationship between well-being and the global



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growth of wellness technologies and industries around notions of masculinity, for example, is another area invited for exploration at the intersection between the sciences, the humanities and the arts.

These topics can be explored through various formats of engagement, including papers, panels, roundtables, posters, audio-visuals and other media, to ensure a broad forum of academic and civic exchanges. We also welcome you to share other formats and ideas; to propose activities, workshops and exhibitions to enrich the exchange of knowledge and experiences.