OMA Annual 2027 Innovate. Educate. Elevate. ORLANDO March 31 - April 4, 2027 Obesity Medicine Association®

OMA ABSTRACT SUBMISSION GUIDELINES

Thank you for your interest in submitting a scientific abstract to the Obesity Medicine Association. Presenting your poster in the Innovation Hall at OMA Annual 2027 offers you the opportunity to showcase your research and interact with 1,500+ fellow colleagues, clinical scientists, and industry leaders.

When is the OMA abstract submission period?

The abstract submission period is November 2 through December 7, 2026. Abstracts must be submitted by 11:59 PM (MST) on December 7, 2026. There will be a "late-breaking" call for abstracts January 7–31, 2027. The late-breaking call for abstracts is designed to accommodate new and significant research results that are not available by the general abstract submission deadline.

What are the authors' responsibilities?

In addition to ensuring submission of objective, unbiased, evidence-based, high-quality science, at least one author from the accepted abstract is required to register for and attend the OMA conference. Authors are also expected to adhere to journalistic standards in avoiding bias and plagiarism. If the scheduled author/presenter cannot attend, then the OMA staff should be notified of the replacement presenter.

What types of abstracts are permitted to submit for review?

OMA abstracts may include original research, post hoc analysis of prior research, quality improvement projects, and case reports.

What is the format of OMA abstract submissions?

WORD LIMIT: Abstracts are limited to 500 words per submission. Titles are limited to 75 characters.

ABSTRACT LIMIT: You may submit up to 3 abstracts/posters.

REQUIRED SCIENTIFIC CONTENT:

For research and quality improvement projects, the abstract must be formatted in the following sections:

- **Introduction:** Describe the background and purpose of the study. (Max 100 words)
- **Methods**: Describe how the program or research was implemented and how the data was collected and analyzed. Clearly state the number of participants/sample size and any inclusion/exclusion criteria. (Max 100 words)
- **Results**: What are the results, impacts, and outcomes? (Max 100 words)
    - *NOTE: This is the most important section of the abstract. To be accepted for presentation, the abstract must include data that supports the abstract's conclusions.*
- **Discussion:** Provide a clear and concise interpretation of the results. Discussion should be supported by the results and free of conjecture or personal opinion. (Max 125 words)
- **Conclusion**: What are the clinical implications of the findings? Why is this abstract important to health, obesity research, and/or the practice of obesity medicine? (Max 75 words)

For case reports, the abstract must be formatted in the following sections:

- **Introduction**: Discuss the clinical relevance of the case and its importance. You may include background information on the condition being presented. (Max 100 words)
- **Case Description:** Discuss the sequence of history, physical examination, investigative studies, and patient progress and outcome. (Max 300 words)
- **Discussion:** Explain the clinical decision-making involved and lessons learned from the case. (Max 100 words)

ADDITIONAL REQUIREMENTS FOR ABSTRACT SUBMISSION:

- **PEOPLE-FIRST LANGUAGE:** OMA requires people-first language and language/images that are inclusive and non-stigmatizing.
- **FUNDING:** Submissions must include a description of the type of funding received for this submission (e.g., pharmaceutical companies or other research grants).
- **CONFLICT OF INTEREST:** Submissions must include a declaration and identification of any potential conflict of interest (e.g., commercial support interest for sponsors, instructors, content of instruction, or any other relationship that could reasonably be construed as a conflict of interest). Please answer "N/A" if no conflict of interest exists.
- **PRESENTING AUTHOR:** At least one presenting author is required for every poster submission. For abstracts with more than 10 authors, a complete list (name, credentials, organization, bio) may be uploaded with your submission. All authors should attest that they actively participated in the design, implementation, data analysis, and/or drafting of the research.
- **DATA ASSURANCE:** Your completed submission is verification that you have permission to present the data and information in the submission.
- **PHOTOGRAPHY RELEASE:** While at the OMA meeting, you and/or your abstract may be photographed by attendees, or by an OMA-approved photographer. By making a submission, you are granting the Obesity Medicine Association permission to use your likeness in photograph(s) in any and all of its publications and in any and all other media, whether now known or hereafter existing, controlled by the Obesity Medicine Association, in perpetuity, and for other use by the association. In agreeing to present your abstract at the OMA conference, you agree that you will make no monetary or other claim against the Obesity Medicine Association for the use of the photograph(s).

What about late-breaking abstract submissions?

Abstracts that may qualify as a "late-breaking" submission are generally those where the study results required analysis that was not available before the original abstract submission deadline. "Late-breaking" abstracts should adhere to the same abstract submission standards as described in these guidelines.

What about embargoed abstract submissions and simultaneous manuscript publication?

If authors wish to submit an abstract summary of science along with simultaneous publication in *Obesity Pillars*® (the journal of the OMA), then the authors should contact the *Obesity Pillars*® editor-in-chief at least 2–3 months prior to the potential abstract presentation.

What about graphics and tables?

Graphics and tables are encouraged to be included in your poster for visual appeal and impact. There is an optional upload task available to include any relevant files with your submission.

What about brand names?

Please use generic names in your abstract. You should especially avoid brand names in the abstract titles and limit any brand name to one reference within the body text, graphic, or table.

What about encore abstract presentations?

OMA will consider a submission previously presented at a different conference (i.e., an "encore" abstract) so long as it was presented within 10 months of April 1, 2027. However, OMA does not accept repeat abstracts previously presented at a prior OMA conference.

What are the costs?

SUBMISSION FEE: $75 for OMA members; $125 for non-members, per submission. These costs will be collected at the time of submission and are not refundable.

CONFERENCE REGISTRATION: At least one presenter of an accepted abstract is required to register to attend OMA Annual 2027 in Orlando, Florida. Registration prices start at $455 for the Innovation Hall only. Preconference-only registration is excluded.

Presenting authors are NOT entitled to honoraria, complimentary registration, or expense reimbursements from the Obesity Medicine Association.

What is the OMA Grant Policy for abstracts?

The Obesity Treatment Foundation supports OMA member participation in the annual Call for Abstracts by funding submission fees for a select number of abstracts. The applicant (or co-author) must be an OMA member and complete the application form HERE and is expected to pay the $75 fee when submitting their abstract. If chosen to receive a grant by the OTF Board of Directors, the submission fee will be reimbursed.

What is the abstract review process?

Submitted abstracts will be peer-reviewed by an OMA committee of experts to ensure quality, relevance to obesity medicine, and appropriateness. In general, abstracts should be well written and demonstrate thought and attention to detail.

When will authors be notified of abstract acceptance or rejection?

Applicants will be notified of abstract acceptance or rejection no later than March 5, 2027.

When and where are abstracts presented?

Abstracts will be presented as posters during the conference in the Innovation Hall. If your abstract is accepted, you will be notified of your assigned set-up and take-down times. Depending on the number of accepted abstracts, you may be assigned a specific presentation "wave," and we encourage authors to be available near their poster for in-person discussion during scheduled Innovation Hall breaks between lectures. Full opening times for the Innovation Hall during the conference are as follows:
April 1: 5pm – 7pm Opening Reception & Poster Viewing in Innovation Hall
April 2: 7am – 4:10pm Innovation Hall & Poster Viewing Open
April 3: 7am – 1:50pm Innovation Hall & Poster Viewing Open

What about QR codes, e-posters, and poster audio?

If your abstract is accepted, we will email you details on how to access the Poster Harvester platform to generate a QR code for your poster and upload your digital poster file. You will also be able to add audio to your poster. Attendees will hear the audio when they view the poster through the Eventscribe app, and it creates a more personal and engaging experience.

How are posters most efficiently created and formatted?

There is a FedEx Office Print & Ship Center, located in the Gaylord Palms Resort and Convention Center, offering poster printing services. Many vendors, such as PosterPresentations.com, are available to help create quality posters and will mail the completed poster directly to the venue.

How is the poster transported to the OMA meeting?

You may choose to physically carry your poster to the OMA meeting, or you can have it mailed to the OMA conference venue. The hotel will charge handling fees. If you are mailing your poster, please use the following address:

Attn: **[your name] [your cell number]**
c/o FedEx Office at Gaylord Palms Resort and Convention Center
6000 W Osceola Parkway
Kissimmee, FL 34746
OMA Annual 2027

Guidelines for Designing and Preparing Posters

- The goal is to create a concise, visually appealing summary of your research.
- Keep in mind the broad audience of obesity medicine clinicians when preparing your poster.
- Capture the main points clearly; keep data to a minimum to avoid overwhelming or confusing your audience. Remember the rule of 10s – the average person scans your poster for 10 seconds from 10 feet away. When someone stops, you should be able to introduce your poster in 10 seconds.
- Organize your sections sequentially with your important figures prominently displayed.
- Titles should be short and accurately describe the study topic.
- Spell out all abbreviations upon first use.
- Avoid spreadsheets.
- Attention to detail is important. Have a colleague help you proofread before finalizing and printing. Always check for last-minute alignment, design issues, and typos!
- The maximum size for posters is 42h x 84w inches. We will provide pins to affix your poster to the poster board.
- We suggest landscape orientation organized in 3 or 4 columns.
- Font size should not be smaller than 24-point type (titles able to be read from 10 feet away; text from 3–5 feet away). Arial or Times New Roman is preferred.
- Poster text should generally be fewer than 500 words.
- A QR code is required for your poster; instructions on how to generate a QR code from the Poster Harvester will be emailed to you if your abstract is accepted.
- We recommend adding audio to your poster, and instructions on how to record this will be provided if your abstract is accepted. Attendees will hear the audio when they view the poster through the Eventscribe app, and it creates a more personal and engaging experience.

QUESTIONS? Contact cme@obesitymedicine.org